

**Supplementary Table 1.** Strength of association between various factors and subscapularis tendon tear

| Various factor                             | Univariate analysis |                     | Multivariable analysis |                     |
|--|---------------------|---------------------|------------------------|---------------------|
|  | p-value             | Odds ratio (95% CI) | p-value                | Odds ratio (95% CI) |
| Age (yr)                                   | 0.001               | 1.51 (1.11–1.97)    | 0.110                  | 1.17 (0.99–1.36)    |
| Male                                       | <0.001              | 1.62 (1.25–2.10)    | 0.146                  | 1.28 (0.92–1.77)    |
| Waist circumference (cm)                   | 0.142               | 1.03 (0.99–1.05)    |                        |                     |
| Dominant shoulder involvement*             | <0.001              | 1.89 (1.45–2.45)    | <0.001                 | 2.01 (1.46–2.76)    |
| Smoking                                    | 0.799               | 1.04 (0.79–1.35)    |                        |                     |
| Alcohol                                    | 0.640               | 1.07 (0.81–1.40)    |                        |                     |
| Manual labor*                              | 0.001               | 1.63 (1.22–2.19)    | 0.002                  | 1.77 (1.25–2.49)    |
| DM*  | <0.001              | 2.09 (1.51–2.89)    | <0.001                 | 2.80 (1.91–4.12)    |
| HT   | 0.768               | 1.05 (0.77–1.42)    |                        |                     |
| Metabolic syndrome*                        | <0.001              | 2.28 (1.74–2.98)    | <0.001                 | 2.10 (1.53–2.89)    |
| Serum lipid levels (mg/dL)                 |                     |                     |                        |                     |
| Cholesterol                                | 0.301               | 0.92 (0.83–0.98)    |                        |                     |
| TG   | 0.171               | 1.21 (0.93–1.63)    |                        |                     |
| LDL  | 0.571               | 1.00 (0.98–1.01)    |                        |                     |
| HDL  | 0.101               | 0.90 (0.82–1.03)    |                        |                     |
| Non-HDL                                    | 0.217               | 1.02 (0.99–1.05)    |                        |                     |
| Prevalence of dyslipidemia                 |                     |                     |                        |                     |
| Hyper-cholesterolemia                      | 0.240               | 1.17 (0.90–1.52)    |                        |                     |
| Hyper-TGmia                                | 0.008               | 1.45 (1.11–1.92)    | 0.140                  | 1.01 (0.99–1.03)    |
| Hyper-LDLemia                              | 0.646               | 1.08 (0.78–1.49)    |                        |                     |
| Hypo-HDLemia                               | 0.542               | 1.10 (0.82–1.46)    |                        |                     |
| Hyper-non-HDLemia                          | 0.435               | 1.11 (0.85–1.46)    |                        |                     |
| TG/HDL $\geq$ 3.5                          | <0.001              | 1.75 (1.29–2.36)    | 0.271                  | 1.21 (0.86–1.71)    |
| High sensitivity C-reactive protein (mg/L) | 0.171               | 1.03 (0.98–1.10)    |                        |                     |
| Posterosuperior cuff tear*                 | <0.001              | 2.24 (1.71–2.94)    | 0.003                  | 1.76 (1.20–2.80)    |
| Biceps tendon injury*                      | <0.001              | 2.59 (1.92–3.50)    | <0.001                 | 2.15 (1.37–2.96)    |
| Patte grade*                               | <0.001              | 2.71 (1.99–3.78)    | <0.001                 | 2.13 (1.49–2.94)    |
| Global fatty degeneration index*           | <0.001              | 1.88 (1.26–2.67)    |                        |                     |
| Goutallier grade*                          | 0.018               | 1.31 (1.15–1.72)    |                        |                     |
| Occupation ratio grade*                    | 0.023               | 1.72 (1.08–2.75)    |                        |                     |
| Superior displacement of humeral head      | 0.446               | 1.14 (0.806–1.64)   |                        |                     |
| Tangent sign                               | 0.360               | 1.18 (0.82–1.70)    |                        |                     |

CI: confidence interval, DM: diabetes, HT: hypertension, TG: triglyceride, LDL: low-density lipoprotein, HDL: high-density lipoprotein.