



**Supplementary Fig. 6.** The forest plot for included studies pooled together using a random-effects model for assessing at ≥1-year functional outcome: comparison between platelet-rich plasma (PRP) injection and control interventions. The vertical line demonstrates no difference between the two intervention groups. SD: standard deviation, IV: inverse variance, CI: confidence interval; HA: comparator hyaluronic acid, PT: comparator programmed physical therapy, HD: hydro-dissection.